

# GMERS Medical College, Vadnagar - 384355

## Foundation Course at a glance (AY 2021-22)

Sr. No	Subject/Content	Hours	Remarks
1	Orientation	30	Conducted online/offline mode
2	Skills Module	35	First Aid, Basic Life Support, Learning skill, communication skill, Bio safety and bio hazards + History of Outbreaks, Epidemics & Pandemics*
3	Field visit to community health centre	8	Visit to Primary/ Community Health Centres
4	Professional Development including ethics	40	AETCOM (Cadaveric ceremony), Introduction to research
5	Sports and Extracurricular activities (ECA)	22	To be conducted on every Sunday
6	Enhancement of language/ computer skills	40	Can be outsourced: CCC/CCC+ level certificate course can be offered in computer skill
<b>Total hours</b>		<b>175</b>	

- These sessions are prepared as interactive sessions.
- The Foundation Course will have compulsory 75% attendance. This will be certified by the Dean of the college.
- The time committed for the Foundation Course may not be used for any other curricular activity.
- Evaluation (Process & Product): Program effectiveness questionnaire from faculty and students & reflections from the students
- Reporting: The Curriculum Committee will submit the schedule and report shall forward the same to Nodal Centre/Regional Centre within two weeks of the last day of the Foundation Course.

Note: Foundation course sessions except Sports and ECA to be conducted from 5 to 6 PM (Monday to Friday) and from 2 to 5 PM (Saturday).

\*Topic from Module on Pandemic Management

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**Time-table for 1<sup>st</sup> week (Orientation Week) of Foundation Course<sup>#</sup> (Total hours 39)**

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
09:00 - 10:00	Online orientation program + Campus-A global Village (Virtual tour) Hostel allocation College & Hospital visit	Welcome speech by Dean Ice breaking (All 4 first year HODs)	Being a Medical Student: Keen Observation is key to success	Introduction to Medical ethics	Academic Ambience	White Coat ceremony
10:00 - 11:00		Introduction to Library/ Academics Departments	Professional qualities of a physician	Commitment to lifelong learning as an important part of physician's growth	Introduction to alternate health care systems & History of Medicine	Anti-ragging guidelines and introduction to anti-ragging committee of our institute
11:00 - 12:00		Introduction to (1 <sup>st</sup> year) departments Anatomy: 11:00 - 11:30 Physiology: 11:30 - 12:00	Expectations of physician from society and Peers	Physician's role and responsibility to society and community	Mentorship program at our institute  +	Cadaveric ceremony
12:00 - 01:00		Biochemistry: 12:00 - 12:30 P & SM: 12:30 - 13:00	Gender sensitivity in medical profession	Expectations of society and patients from doctors	Reflective writing	
01:00 - 02:00	<b>Lunch break</b>					
02:00 - 03:00	COVID – 19 SOP	Introduction to the MBBS Program	Health care delivery system in India	National Health Programs	Bio-safety/ Needle prick injuries	
03:00 - 04:00	History of Outbreaks, Epidemics & Pandemics	Group dynamics	Introduction to Extra Curricular activities & Sports	Time and Stress management	<i>Introduction to Sports &amp; ECA</i>	
04:00 - 05:00						

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## Foundation Course Time-table (Second Month of Admission – 40 hours)

Time	1 <sup>st</sup> Week	2 <sup>nd</sup> Week	3 <sup>rd</sup> Week	4 <sup>th</sup> week
<b>Monday (1 hour)</b>	Inter-personal relationship-I	Proper hand washing technique	Biomedical waste management-I	Students involvement in Research ICMR STS
<b>Tuesday (1 hour)</b>	Inter-personal relationship-II	Documentation and medical records	Biomedical waste management-II	Universal precautions
<b>Wednesday (1 hour)</b>	<i>Language</i>	<i>Language</i>	<i>Language</i>	<i>Language</i>
<b>Thursday (1 hour)</b>	<i>Language</i>	<i>Language</i>	<i>Language</i>	<i>Language</i>
<b>Friday (1 hour)</b>	Self-Directed Learning	Learning pedagogy	<i>Language</i>	Learning strategies
<b>Saturday (3 hours)</b>	Field visit to PHC/ CHC	<i>Computer skills</i>	<i>Computer skills</i>	<i>Computer skills</i>
<b>Sunday (2 hours)</b>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>

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## Foundation Course Time-table (Third Month – 40 hours)

Time	1 <sup>st</sup> Week	2 <sup>nd</sup> Week	3 <sup>rd</sup> Week	4 <sup>th</sup> week
<b>Monday (1 hour)</b>	Basic Life Support and first aid training-I	Basic Life Support and first aid training-III	Basic Life Support and first aid training-V	Basic Life Support and first aid training-VII
<b>Tuesday (1 hour)</b>	Basic Life Support and first aid training-II	Basic Life Support and first aid training-IV	Basic Life Support and first aid training-VI	Basic Life Support and first aid training-VIII
<b>Wednesday (1 hour)</b>	Team work in medical profession-I	Communication with patients and families (Role plays)-I	Communication with patients and families (Role plays)-II	Communication with patients and families (Role plays)-III
<b>Thursday (1 hour)</b>	Team work in medical profession-II	Peer assisted learning	<i>Language</i>	<i>Language</i>
<b>Friday (1 hour)</b>	Concept of professionalism Consequences of unethical & unprofessional behaviour-I	Concept of professionalism Consequences of unethical & unprofessional behaviour-I	Learning from patients and other members of health care team	Community based learning
<b>Saturday (3 hours)</b>	Field visit to PHC/ CHC	<i>Computer skills</i>	<i>Computer skills</i>	<i>Computer skills</i>
<b>Sunday (2 hours)</b>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>

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## Foundation Course Time-table (Fourth Month – 40 hours)

Time	1 <sup>st</sup> Week	2 <sup>nd</sup> Week	3 <sup>rd</sup> Week	4 <sup>th</sup> week
<b>Monday (1 hour)</b>	Introduction to research	Value of integrity, honesty and respect in medical profession	Introduction to IEC of our institute	Experience sharing by seniors How do they learn?
<b>Tuesday (1 hour)</b>	Professional behaviour-I	Maintaining confidentiality-I	Animal Ethics	Personal Grooming-Self care
<b>Wednesday (1 hour)</b>	Professional behaviour-II	Maintaining confidentiality-II	How to behave with your superiors	Group learning
<b>Thursday (1 hour)</b>	Obtaining patient consent-I	What it means to be a medical student	Rights of a doctor and NMC etiquettes	Online learning (e-learning)-I
<b>Friday (1 hour)</b>	Obtaining patient consent-II	Importance of attendance	Privileged communication in medical ethics	Online learning (e-learning)-II
<b>Saturday (3 hours)</b>	Field visit to PHC/ CHC	<i>Computer skills</i>	<i>Computer skills</i>	<i>Computer skills</i>
<b>Sunday (2 hours)</b>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>	<i>Sports &amp; ECA</i>

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## Foundation Course Time-table (Fifth Month – 16 hours)

Time	1 <sup>st</sup> Week	2 <sup>nd</sup> Week
<b>Monday (1 hour)</b>	Role modelling-I	Assessment driven learning
<b>Tuesday (1 hour)</b>	Role modelling-II	Simulation based learning
<b>Wednesday (1 hour)</b>	Inspirational/ Motivational talk	Concluding remarks by Dean
<b>Thursday (1 hour)</b>	Inspirational/ Motivational talk	Open house
<b>Friday (1 hour)</b>	Maintaining a diary and portfolio management	Feedback of foundation course
<b>Saturday (3 hours)</b>	<i>Sports &amp; ECA</i>	
<b>Sunday (3 hours)</b>	<i>Sports &amp; ECA</i>	

**Total Hours = orientation week (39) + Second month (40) + Third Month (40) + Fourth Month (40) + Fifth month (16) = 175 hours**